

About Buckner International:

Buckner International is a faith-based nonprofit ministry dedicated to transforming the lives of vulnerable children, families and senior adults in the United States and internationally. Founded in 1879 in Dallas, Texas, today Buckner serves people through a variety of programs designed to protect children and strengthen families.



These programs include foster care and adoption, family transition programs, community-based family preservation programs and retirement services for senior adults. Buckner also provides humanitarian aid and crisis relief to poverty-stricken children and families. **Learn more at [Buckner.org](https://www.buckner.org).**

“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.”

– Jeremiah 29:11



Contact us today at 1-800-441-2670 or scan the QR code.



5310 S. Buckner Blvd.
Dallas, TX 75227
[buckner.org](https://www.buckner.org)



Providing comprehensive, compassionate services to women experiencing unplanned or high-risk pregnancies, women with postpartum concerns and those considering adoption for their child.



LifeDesign Maternity Counseling provides services related to the issues of pregnancy, preventative choices, emotional education and social support.

WHO DO WE HELP?

We help women coping with unplanned pregnancies, individuals and families needing additional support, women facing difficult life circumstances, women with postpartum concerns, and those considering adoption.

WHAT DO WE DO?

We help women to make individual decisions based on deeper self-understanding, education and personal assessment by providing the following services:

► **Assessment.** We assess the individual's economic resources, nutrition, stressors and coping skills, familial and social support, education and personal goals.

► **Professional Counseling.** We discuss feelings about the individual's unplanned pregnancy,

readiness for adoption or parenthood, life circumstances and stressors, and personal goals for family and future. We help facilitate healthy conversations between families regarding decision making in a safe, supportive environment.

► **Education.** We help educate our clients in the areas of pregnancy and risk factors, resources, parenting needs of children, parenting skills and adoption (if raising a child does not seem feasible).

► **Referrals.** We help refer our clients to resources in the community for needed services.

FREE
of charge

APPROXIMATELY 45% OF ALL PREGNANCIES IN THE UNITED STATES ARE UNINTENDED.*

While pregnancy can be a joyous and exciting time, it can also be a source of ambivalence, anxiety, fear and stress.

We support our clients by providing authentic support and education, as well as targeting their physical, emotional and spiritual needs. We provide our clients with tools that enable them to achieve independence, self-confidence, better decision-making and self-awareness.

By providing support to our clients, we aim to strengthen pregnant women by offering:

- Access to prenatal care
- Supportive and collaborative counseling
- Services to increase the quality of the mother-child relationship
- Support and guidance on post-delivery concerns
- A focus on increasing positive educational and social outcomes for mothers and their children
- Interventions for mothers who may face stress during and after pregnancy

*Source: CDC

Questions you may have:

Q: What is open adoption?

A: At Buckner, you can get to know the adoptive parents you choose prior to placement, design your birth and placement plan, and determine how much contact you wish to have following placement. Buckner understands children thrive in an environment of transparency and love, and open adoption can provide that for your child.

Q: What will my open adoption look like?

A: Your adoption is based upon the level of communication you desire and the relationship you want with the adoptive family. Buckner is here to support you, your child, and the adoptive family with ongoing pre- and post- placement counseling and support.

Q: How are adoptive parents screened?

A: We have screened, trained and prepared hundreds of adoptive parents. Potential adoptive parents must complete background checks, undergo a thorough home study, demonstrate financial stability and provide references to support their ability to provide a loving home for a child.

Q: What's next?

A: The next steps in your life are yours to create. Buckner is here to walk through each step with you so you can make the plan that you feel is best for you and your child.

 **BUCKNER**
Hope shines here.®